

DSC-Sponsored Finals Relief Salon:

Overwhelmed by the end-of-semester madness? We've got your back (for massages, at least). The DSC is sponsoring Finals Relief Salons this spring to help you rest, relax, and refresh while studying, writing, and grading.

WHO:

All Graduate Center students

WHAT:

Finals Relief Salons with free 10-minute chair massages, earplugs, napping/meditation stations, and handouts on chair yoga, aromatherapy, and healthy, easy to make recipes

WHERE:

Mina Rees Library, first floor beyond the elevators

WHEN:

Monday, May 23rd, 11am-3pm
Tuesday, May 24th, 11am-3pm

