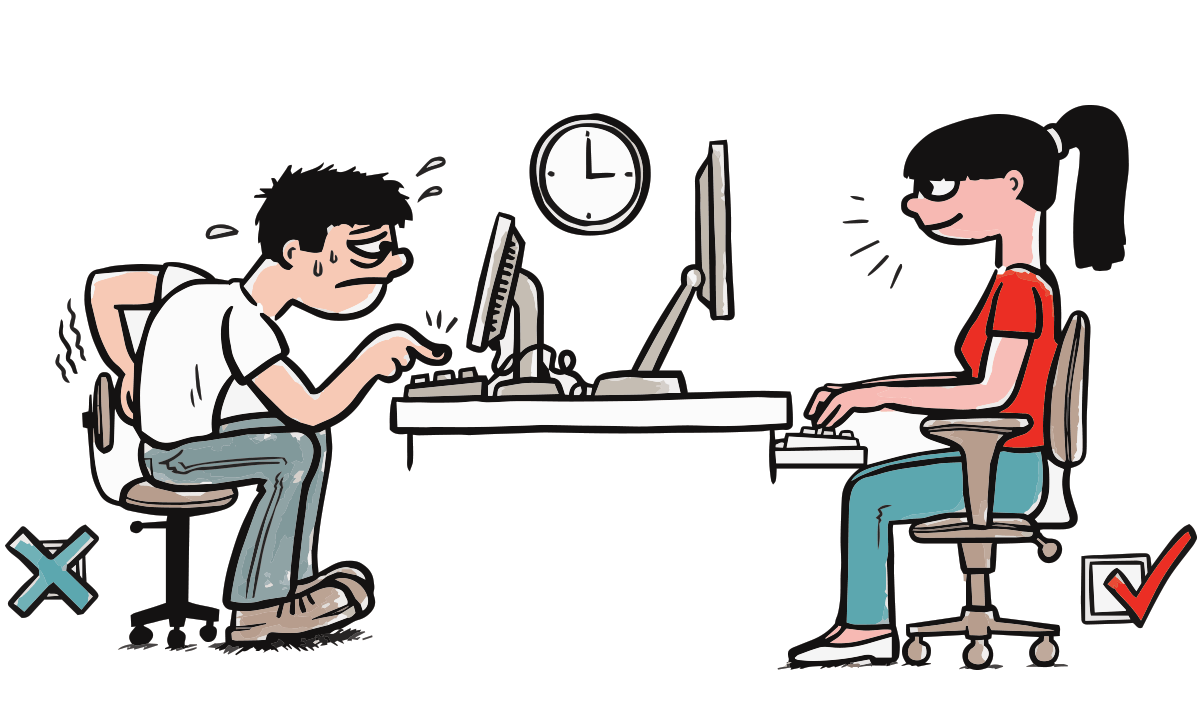
Spending too much time hunched over the keyboard?



Come to "Scholarly Postures" and learn about:

* Proper neck, shoulder, and spinal alignment,
* Stretches and massage techniques to help counter the pain of poor posture.

WHEN: Friday, 12/12, 1pm

WHERE: Room 5414