Food Justice Project

**Family Food Interview Questions**

Tell me a story about how you learned to cook.

Do you like to cook?

- Why?

What is you favorite meal to cook?

- Why?

How do you decide what we are going to eat?

Tell me about your favorite childhood foods.

- Who made them for you?

- Do you make them now?

How would YOU describe healthy or fresh food?

- What do you think is good food for people to eat?

Where do you get or buy your food?

- Has this changed over the years?

What kinds of foods do you buy?

- How do you decide?

What brands do you buy?

- Why?

Do you ever buy organic food?

- What are your thoughts on organic food?

Do you ever buy at farmers markets?

- Why?

Who do you shop for?

Do you choose to cook or buy prepackaged foods?

Is there anything else you want to share about food or cooking?